**CPD Log Book**

**CPD 5: Accurate Diagnosis of Low Back Pain**

It is recommended that you keep a log of your activities for your CPD portfolio when completing your CPD hours. For your convenience, we have provided you with this Log Book proforma to include in your portfolio. Feel free to use and modify this Log Book to suit your own needs.

**Please read the Disclaimer at the bottom of this page before using this Log Book.**

On this page, you see “Examples” of log book entries. It is intended to be a guide only. You need to use your own statements on your goals for undertaking this CPD course, assess your progress against your learning goals and describe how you have used what you learnt in practice.

**Examples:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date** | **Hours** | **Learning Objective** | **Activity** | **Reflection** |
| *01/12/19* | *6* | *Refresh my clinical knowledge of different types of low back complaints.*  *Improve my ability to recognise red flags.* | *CPD 5: Accurate Diagnosis of Low Back Pain* ***- Units 1 to 6***  *Online course provided by*  ***Continuing Professional Development Online***  *www.cpdo.com.au* | *This course material in the units studied was on the recognition of different types of low back complaints. I undertook this activity to refresh my knowledge on the clinical assessment of patients presenting with low back complaints.*  *Having completed the course, I feel more confident in my ability to diagnose different types of low back complaints and, when necessary, to refer those patients that need medical intervention.* |
| *08/12/19* | *4* | *Refresh my clinical knowledge of different types of low back complaints.*  *Improve my ability to recognise red flags* | *CPD 5: Accurate Diagnosis of Low Back Pain - Units 7 to 10*  *Online course provided by*  ***Continuing Professional Development Online***  *www.cpdo.com.au* | *This course material in the units studied was on the recognition of different types of low back complaints. I undertook this activity to refresh my knowledge on the clinical assessment of patients presenting with low back complaints.*  *Having completed the course, I feel more confident in my ability to diagnose different types of low back complaints and, when necessary, to refer those patients that need medical intervention.* |

**Disclaimer:** The Log Book and information presented in this document is meant to be a guide only and is not intended to be a definitive document for CPD compliance as required by your professional Registration Board. Please visit your Registration Board’s website to obtain current information on CPD compliance and requirements for recording of your activities.

**CPD Log Book**

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| Full name: |  |
| Date of Birth |  |
| Contact Phone |  |
| Registration Number |  |
| Practice Address |  |
| Email |  |

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| --- | --- | --- | --- | --- |
| **Date** | **Hours** | **Learning Objective** | **Activity** | **Reflection** |
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